

Greater Freedom through Ignatian Prayer



BELLARMINE
Jesuit Retreat House

October 10-12, 2023

**Ignatian, Silent
Midweek Retreat for Women**

Every day is filled with choices, large and small, each an opportunity to grow closer to God. This retreat will focus on the movements of the Spiritual Exercises through a variety of Ignatian-inspired ways of praying toward the grace of living a life of love and service more freely.



Retreat Leader: Jenéne Francis
Enjoys adapting and offering the
Spiritual Exercises



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